Ms. DeMeuse
Sacraments

Confirmation Saints

Directions: For the sacrament of Confirmation, the confirmands (Confirmation candidates) are encouraged to pick a Confirmation name to symbolize the change due to the sacrament. This is not the name given to them at birth, but is in addition to that name. It is usually taken from a saint or a holy person who the confirmand may want to image and imitate. Pick one saint of your choosing and research him/her (you can use the internet or a book). Pretend that you are in the preparation process for Confirmation and look for a saint that appeals to you. Complete the worksheet that follows.

1. Name of saint _____
2. Hometown_____
3. Feast Day _____
4. Patron saint of _____
5. His/Her vocation (priest, sister, mother, father, single person) _____
6. What drew you to this saint? Why did you pick this particular one?

7. Briefly describe how this person became so close to God (points about their life, conversion, did they always believe in God?, etc)

8. Pick one of the gifts of the Holy Spirit (there are 7 of them) and describe how this saint lived out the gift.

9. Share two ways you wish to become like this saint.

10. Where did you find most of your research (list a website, book title, etc)